



2026 CMAS World Cup Finswimming Indoor, Gliwice - Poland



20-22 of November 2026

Gliwice, Poland



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1. Presentation of the Host City

Gliwice is one of the most attractive and vibrant cities in southern Poland, where rich history blends seamlessly with innovation and modern development. Located in the heart of the Silesian region, the city is renowned for its beautiful Old Town, charming Market Square, numerous parks and green spaces, and its welcoming atmosphere.

Among Gliwice's most iconic landmarks are the world-famous Wooden Radio Tower – the tallest wooden structure in the world – and the impressive Palm House, home to exotic plants and animals from around the globe. The city also offers a wide range of cultural attractions, restaurants, cafés, and recreational areas, making it an ideal destination for both competition and relaxation.

Thanks to its excellent transport connections, proximity to Katowice International Airport, modern sports facilities, and extensive hotel infrastructure, Gliwice is a perfect host for international sporting events. We are delighted to welcome athletes, coaches, officials, and guests from around the world and wish everyone an enjoyable stay, unforgettable experiences, and great success during the CMAS Finswimming World Cup.





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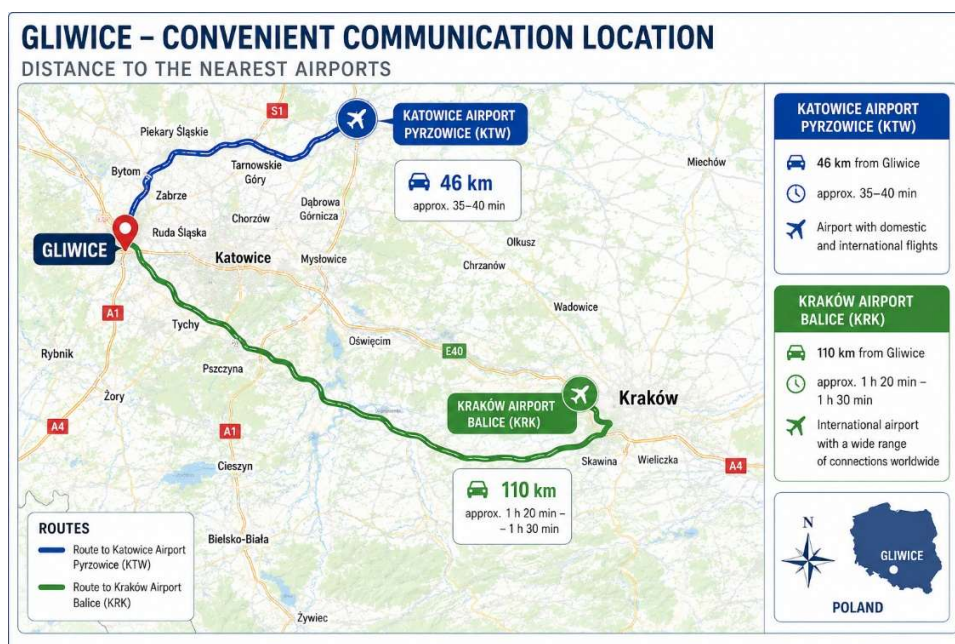
2. City map

Gliwice is strategically located in the heart of southern Poland, making it one of the country's most accessible destinations for international sporting events. The city benefits from an excellent transport network and outstanding connections by air, road, rail, and public transport.

Gliwice is situated approximately **45 km from Katowice International Airport (KTW)** and around **110 km from Kraków John Paul II International Airport (KRK)**, both offering numerous direct flights to major European cities.

The city lies at the intersection of Poland's two main motorways – the **A1 (north–south)** and **A4 (east–west)** – providing fast and convenient access from the **Czech Republic, Slovakia, Austria, Germany, Lithuania, Ukraine, Hungary, France, and Italy** and other countries via the European motorway network.

Thanks to its central location, modern transport infrastructure, and excellent international connectivity, Gliwice provides an ideal venue for athletes, officials, and visitors travelling from across Europe and beyond.





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3. Presentation of the Competition Venue

The competition will take place at **Swimming Pool "OLIMPIJCZYK"**.

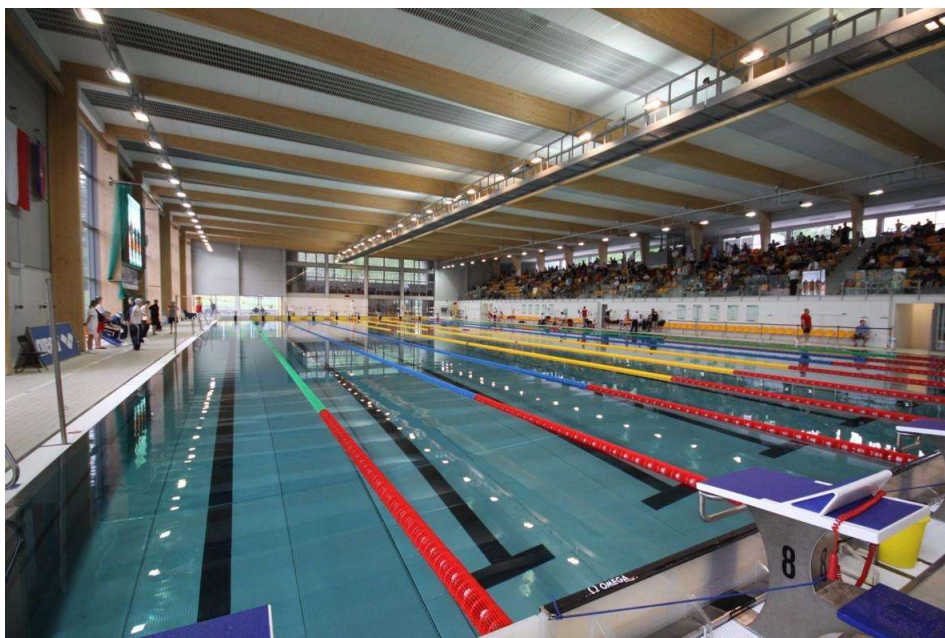
Address: Oriona str. 120, 44-100 Gliwice, Poland

website: <https://mzuk.gliwice.pl/jednostka/kryta-plywalnia-olimpijczyk/>

photos 360°: <https://mzuk.gliwice.pl/panoramy/olimpijczyk/>

Swimming pool Size:

- Length 50
- Width 25
- Number of lanes: 10
- Depth 2 m
- The temperature of the water 27-28 °C
- Number of spectators: 700





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4. General information

The **Polish Underwater Federation** – authorised by CMAS – invites all interested National Federations and clubs to participate in the 2026 CMAS World Cup Finswimming Indoor, scheduled to take place on 20-22.11.2026 in Gliwice, Poland.

[Various and practical information](#)

- The Currency of Poland is **PLN (Polish ZLOTY)**
- Electrical current in Poland is **230V, 50 Hz**
- Type of plug: **C and E**

ELECTRICAL OUTLETS IN **POLAND**



In Poland, the power sockets are type E. Type C plugs are also commonly used and fit in type E sockets.

TYPE E (STANDARD)



Two round pins with a grounding pin
(the socket has a hole for the grounding pin).

TYPE C (EUROPLUG)



Two round pins.
Often used for low-power devices
(e.g., phone chargers, laptops).

ELECTRICAL SYSTEM IN POLAND



VOLTAGE:
230 V



FREQUENCY:
50 Hz



PLUG TYPES:
Type E (standard)
and Type C



TRAVEL TIP

If your plugs are different
(e.g., UK, USA, Australia),
you will need a plug adapter.



Always check if your devices support 230 V and 50 Hz.



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Information about participation

- Only participants with a CMAS License are eligible to compete in the Competition
- All participants should respect the Competition rules, the safety conditions set by the Organisers and CMAS rules and regulations.

Swimming Pool Events

Races and Categories

SENIOR (Cat. "A": 18 years and over) M/W

Surface (SF): 50, 100, 200, 400, 800, 1500 SF

Apnea (AP): 50m

Immersion (IM): 100, 200, 400 IM

Bi Fins (BF): 50, 100, 200, 400 BF

Relay: 4×100 SF (M/W), 100 SB Mixed

JUNIOR 1 (Cat. "B": 16-17 years) M/W

Surface (SF): 50, 100, 200, 400, 800, 1500 SF

Apnea (AP): 50m

Immersion (IM): 100, 200, 400 IM

Bi Fins (BF): 50, 100, 200, 400 BF

Relay: 4×100 SF (M/W), 100 SB Mixed

JUNIOR 2 (Cat. "C" & "D": 12-15 years) M/W

Surface (SF): 50, 100, 200, 400, 800, 1500 SF

Apnea (AP): 50m

Immersion (IM): 100, 200, 400 IM

Bi Fins (BF): 50, 100, 200, 400 BF

Relay: 4×100 SF (M/W), 100 SB Mixed

Participation rules

For all technical matters, please refer to the valid World Cup Finswimming rules.

<https://www.cmas.org/finswimming/how-to-regulations.html>

- The judges are authorized to check swimmers' equipment at any time during the competitions.
- The swimmers must be available for the Start Judge with their full equipment at least 10 minutes before the race starts.



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Bottle Filling - Immersion with compressed-air breathing apparatus:

- Only compressed air without oxygen enrichment is allowed
- For pool competitions, the minimum volume of a compressed-air cylinder is 0.4 L for the 100 m IM event and 1.0 L for the 200 and 400 m IM events.
- The maximum filling pressure for the compressed-air cylinders cannot exceed 200 bar (20 MPa). - When a cylinder with a flat bottom is used, adding a rounded bottom, which does not exceed the radius of the cylinder, is allowed
- All cylinders must have passed a hydrostatic test less than 2 years before the competition, or even less if required by the local legislation. All the bottles without documents or visible proof with the date of the last test, will be refused by the Organisers
- Each cylinder must be presented empty during the checking meeting before the competition.

International Jury

CMAS Technical Delegate according to the CMAS rules

International Board of Judges, according to the CMAS Procedures & Obligations.

Protests

According to the CMAS Procedures and Obligations CAT A-B competitions

Doping Control

The Organising Committee guarantees to provide doping control according to the CMAS and WADA rules during the championship and regarding the number of tests planned by .

Classification and Awards

The classifications will be based on times registered by the timekeepers. The results will be compiled according to CMAS score and CMAS World Cup classification.

There will be classifications for Individuals, Clubs, National Teams and Countries

Individual:

There will be, for every distance, six different individual classifications for Senior, Junior 1 and Junior 2, men and women. Swimmers registered by Clubs or National Teams are in this classification.

Club:

The general classification will be made by the total amount of the individual points (men and women, junior 1, junior 2 and senior only registered by clubs). Six separate Club Classification will be made also for senior men, senior women, junior 1 boys, junior 1 girls, junior 2 boys and junior 2 girls.

National Teams:

The general classification will be made by the total amount of the individual points (men and women, junior 1, junior 2 and senior). Six separate National Teams Classification will be made also for men, women, junior 1 boys, junior 1 girls, junior 2 boys and junior 2 girls).



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Countries Ranking:

The Countries' Ranking will be made following points 1.10 and 1.13 by the total amount of the individual points (men and women, junior and senior) of National Teams.

If a National Federation does not enrol its national team, the best two results by club following points 1.10 and 1.13 at each distance, at each category (men, women, junior and senior) will go for the Countries ranking.

- **Individual prizes: medals will be given to the first three classified athletes in every individual race and every relay.**

- **Team prizes: Cups for the first three clubs and Cups for the first three National Teams.**

- **Awarding ceremonies will take place during the competition, so the athletes involved must be at the organising staff's disposal at the right time.**

5. General Schedule

Day -1	19 November 2026	Arrival of Delegations
Day 1	20 November 2026	1st Day of competition
Day 2	21 November 2026	2nd Day of competition
Day 3	22 November 2026	3rd Day of competition / Departure of Delegations
Day 4	23 November 2026	Departure of Delegations

6. Competition Schedule

	Morning Session	Afternoon Session
Day 1	Technical Meeting	100 SF Men Senior
	1500 SF Men Senior	100 SF Women Senior
	1500 SF Women Senior	100 SF Men Junior 1
	1500 SF Men Junior 1	100 SF Women Junior 1
	1500 SF Women Junior 1	100 SF Men Junior 2
	1500 SF Men Junior 2	100 SF Women Junior 2
	1500 SF Women Junior 2	Medal Ceremonies
	Medal Ceremonies	100 BF Men Senior
	50 BF Men Senior	100 BF Women Senior
	50 BF Women Senior	100 BF Men Junior 1
	50 BF Men Junior 1	100 BF Women Junior 1



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	50 BF Women Junior 1	100 BF Men Junior 2
	50 BF Men Junior 2	100 BF Women Junior 2
	50 BF Women Junior 2	Medal Ceremonies
	200 IM Men Senior	4x100 SF Men Junior 1
	200 IM Women Senior	4x100 SF Women Junior 1
	200 IM Men Junior 1	4x100 SF Men Junior 2
	200 IM Women Junior 1	4x100 SF Women Junior 2
	200 IM Men Junior 2	Medal Ceremonies
	200 IM Women Junior 2	
	Medal Ceremonies	
Day 2	200 SF Men Senior	800 SF Men Senior
	200 SF Women Senior	800 SF Women Senior
	200 SF Men Junior 1	800 SF Men Junior 1
	200 SF Women Junior 1	800 SF Women Junior 1
	200 SF Men Junior 2	800 SF Men Junior 2
	200 SF Women Junior 2	800 SF Women Junior 2
	Medal Ceremonies	Medal Ceremonies
	200 BF Men Senior	400 BF Men Senior
	200 BF Women Senior	400 BF Women Senior
	200 BF Men Junior 1	400 BF Men Junior 1
	200 BF Women Junior 1	400 BF Women Junior 1
	200 BF Men Junior 2	400 BF Men Junior 2
	200 BF Women Junior 2	400 BF Women Junior 2
	Medal Ceremonies	Medal Ceremonies
	50 AP Men Senior	4x100 SF Men Senior
	50 AP Women Senior	4x100 SF Women Senior
	50 AP Men Junior 1	Medal Ceremonies
	50 AP Women Junior 1	
	50 AP Men Junior 2	
	50 AP Women Junior 2	
	Medal Ceremonies	



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Day 3	400 SF Men Senior	50 SF Men Senior
	400 SF Women Senior	50 SF Women Senior
	400 SF Men Junior 1	50 SF Men Junior 1
	400 SF Women Junior 1	50 SF Women Junior 1
	400 SF Men Junior 2	50 SF Men Junior 2
	400 SF Women Junior 2	50 SF Women Junior 2
	Medal Ceremonies	400 IM Men Senior
	100 IM Men Senior	400 IM Women Senior
	100 IM Women Senior	400 IM Men Junior 1
	100 IM Men Junior 1	400 IM Women Junior 1
	100 IM Women Junior 1	400 IM Men Junior 2
	100 IM Men Junior 2	400 IM Women Junior 2
	100 IM Women Junior 2	Medal Ceremonies
	Medal Ceremonies	4x100 SB Mixed Seniors
	4x100 SB Mixed Juniors 1	Medal Ceremonies
	4x100 SB Mixed Juniors 2	
	Medal Ceremonies	

7. Financial Modalities

A) CMAS Fees

For each round, in order to participate, each competitor is required to pay through the CMAS Portal the CMAS participation fees fixed annually by CMAS.

- 25,50 € for participation fees by each round for 2026.

Note that the names of relay members must be entered during the registration process on the base of individual registration even if they only swim relay and even according to the rules, the composition of relays can be changed on site before the beginning of competition.

The CMAS fees will be paid only at the end of the registration process online, by credit card.

B) Miscellaneous

- Fees will not be refunded for non-participation of athletes in races.
- Penalties will apply for late enrolments after the deadline according to the registration planning.



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C) Organisation Fees

The organisation fees are paid directly to the organising committee according to the instructions communicated below.

Participation fees:

Inscription fees for 2026 are:

- 25,80 € for each club;
- 18,30 € for each relay;
- 10,20 € for each individual distance;

The CMAS and Participation fees will **not** be refunded for non-participation of athletes in races.

Accommodation

All Information in the accommodation form here in the attachment.

8. Payment

*** Please note: Late enrolments will not be accepted.**

The organisation fee should be deposited at the LOC bank account no later than 6 November 2026. After this date, the organisation fees will be increased by a further 10% of the total amount. All fees must be paid via bank transfer at the following coordinates:

POLISH UNDERWATER FEDERATION

UL. JOZEFA HALLERA 2, 83400 KOSCIERZYNA, POLAND

IBAN CODE: PL93 1090 1102 0000 0001 1558 8285

BIC SWIFT: WBKPPLPP

NAME OF BANK: Erste Bank Polska S.A.

Adress of Bank: Plac Europejski 3A, 00-844 WARSZAWA

Country of Bank: Poland

PAYMENT IN CASH MAY BE ACCEPTED WITH A FINE OF 50,00 EURO (confirmation required).

For all information is needed, send an e-mail to fwc2026@pzp-n.pl



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VISA

In case a visa is needed, please send the **ANNEX 5** to the Local Organising Committee no later than 1 October 2026.

9. Deadlines - Conditions for Entry & Participation

Enrolments and payment of CMAS fees can be made only through the CMAS Portal.

No later than 1 October 2026

ANNEX 1: The preliminary declaration of participation and registration form should be sent to the Director of the CMAS Finswimming Commission (alexandros.xiarchos@sport.cmas.org) and the Local Organising Committee (fwc2026@pzp-n.pl)

No later than 10 October 2026

ANNEX 2: Booking form (accommodation, transportation, etc.)

No later than 31 October 2026

ANNEX 3: All the members of the delegation (Team leader, Officials, Coaches, Athletes) must be registered online through the CMAS Portal ([CMAS Portal](#)).

No later than 6 November 2026

ANNEX 4: Copy of bank transfer of participation fee should be sent to LOC (fwc2026@pzp-n.pl). If you want pay by cash, during the competition, You must inform us to 6 November 2026.

For further information, please contact the Local Organising Committee:

Tel.: +48-668-70-10-18

e-mail: fwc2026@pzp-n.pl